

## Glenboro Curling Club 2020/2021 Season Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Please check the circles beside the day(s) or night(s) that you are registering for.  
Curling is expected to start the week of November 2, 2020.

- ☐ Monday Night Men's with draw times at 6:45 pm and 8:45 pm
- ☐ Wednesday night open/mixed. Possible draw time of 7:00 pm if there are enough entries. If Wednesday is not possible are you willing to try doubles?
- ☐ Thursday night Doubles – possible draw time 7:00 pm
- ☐ Sr. Tuesday afternoon – draw time 1:00 pm
- ☐ Sr. Thursday afternoon – draw time 1:00 pm

### Curling Fees

Please note that **fees are to be paid prior to curling**; otherwise you are not allowed to participate until fees are paid. **Also there will be no refunds if there is another Covid-19 outbreak.** Cheques are to be made payable to the Glenboro Curling Club or e-transfer to [curlglenboro@gmail.com](mailto:curlglenboro@gmail.com).

Full year once a week	\$220 +\$10 MCA fee	= \$230	_____
Half year once a week	\$135 +\$10	= \$145	_____
Full year twice a week	\$345 +\$10	= \$355	_____
Half year twice a week	\$220 +\$10	= \$230	_____
Associate Member Fee	\$ 60 +\$10	= \$70	_____
Max Fee per person	\$345 +\$10	= \$355	_____
Max fee per family	\$690 +\$20	= \$710	_____

Total Fees payable to Glenboro Curling Club \_\_\_\_\_

### Registration Checklist

- ☐ Completed registration form
- ☐ Fees
- ☐ Signed RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT to be executed by participants over the age of majority
- ☐ Signed copy of DECLARATION OF COMPLIANCE – COVID-19
- ☐ Signed INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT For Participants Under the Age of Majority

## Curling is back in Glenboro for the 2020/2021 Season!

The Glenboro Curling Club would like to thank the public for the excellent response to the surveys that were sent out earlier this fall. The executive met on October 1st to go over the results of those survey, to discuss the return to play guidelines that were set out by Curl Manitoba, and how best to proceed.

The Glenboro Curling Club is happy to say that, with a few changes in format, there will be curling this season thanks to the results from the surveys...

Some of the more notable rules that we must follow to meet the new Curl Manitoba guidelines are:

- ☐ All members must sign a Declaration of Compliance plus a Waiver (signed by adults) or Assumption of Risk Form (signed by adults on behalf of minors).
- ☐ If players or staff have cold symptoms, even if mild, they must stay at home.
- ☐ Players and staff are to keep your hands clean. Hand sanitizer will be available at the entrance to the curling club. Wipes will be available on ice.
- ☐ Instead of a pre/post game handshake, we give a friendly wave or tap brooms to start the game.
- ☐ We are no longer to use coins to decide the last stone advantage in the first end, the team with last rock will be determined for each game by the draw master when making the schedule.
- ☐ Players are to stay on the same side of the sheet when not shooting rocks. For example, if you are playing on sheet 2, always walk or position yourself on the sideline to sheet 1. This will keep players 10 feet apart from players on the other sheets.
- ☐ Stones are to be sanitized at the start of each draw with wipes that will be supplied by the club. After that, players should not touch any stones other than their own. To make this possible, stones must be lined up in single file in the corners and the player delivering the next stone is to retrieve their own stone. Trading stones mid game with other players is not allowed.
- ☐ If a measurement is required, the procedure is to sanitize your hands, conduct measure, return measure device to its normal location, and once again sanitize your hands.
- ☐ The biggest change is with the new throwing/sweeping procedures. There will now be two small markings, located four feet from each side of centre ice. The two sweepers of the non-delivering team should be positioned on these marking while the other team is throwing. The player of the non-delivering team whose turn it is next to deliver should be positioned at hog line on the same side as the two sweepers. Their Skip (or Vice-Skip) must stand on the backboards but no closer than the hack. The Skip of the delivering team has control of the house and the player whose turn it is to deliver is in the hack. The non-sweeping player is on the backboards. The sweeping player is at the T-Line. Once the stone has been released, the player who delivered the stone proceeds down the centre line of the ice until the halfway point to the marking or to the hog line if it is their turn next. After the stone comes to rest, the sweeper proceeds to the halfway markings. The non-sweeper travels to the halfway mark or the hog line depending on their turn to deliver or not. There is one sweeper only on all delivered stones. No relaying (second sweeper taking over half way down the sheet). The person in charge of the house is not allowed to sweep under any circumstance. The skip of the non-delivering must remain in the hack area until all stones come to rest. They are not allowed to sweep the

opposition stone behind the tee-line. Lessening of physical distancing restrictions would/could allow this guideline to be removed. The skip or vice skip (not both) of non-delivering team must stand at the hack until the other team is finished playing and has relinquished control of the house. The skip or vice skip may not sweep any stones (both colours) set in motion by the delivering team.

The Curling Club executive decided that these new rules seem to be a lot for all of us to take in at once. Therefore we are going to try a change our regular format to make it easier and more fun for everybody.

Monday nights will be men's night again this year. For now, we encourage teams to enter as a four-man team but only ice three curlers every week and play a triples game format where the first rock of the end is set up as a centre line guard and the second rock at the back of the button.

The reasons behind this are that these new guidelines for sweepers are pretty heavy and may have some players feeling like they are just in the way and that the game is no longer fun.

Also, since we are asking that anybody with cold symptoms even if mild not come to curl, there will be more absentee curlers than in the past. Having 4 person teams and 3 person curling will help with this.

Another thing that this allows us is more time in between draws for the sanitization that is now required of us. We are asking for the first draw to be off the ice and out of the rink by 8:20 pm to allow for sanitizing to be done prior to the 8:45 draw coming in. Triples format is a quicker game and would allow for these time frames to work out more effectively and still keep the draw times reasonable. We hope these changes to Monday night league will be temporary and understand that adjustments may have to be made in season so we will be re-evaluating as time goes on.

In our survey results, there was some interest for an Open/Mixed night and if we can get enough signed up for it then it will be on Wednesday nights at 7:00 pm.

We were pleased that there is a lot of interest in Thursday night Doubles curling. We plan to run this with a start time of 7pm and, if enough sign up, then there would be a second draw time added. The doubles teams can be a combination of either mixed, 2 ladies or 2 men's.

Senior Tuesday and Thursday afternoons will be back this year too with a draw time of 1:00 pm.

To ensure that all of the proper paperwork is filled out by each curler prior to the start of the season there will be a registration night on October 26, 2020 from 7:00 -8:00 pm. We strongly encourage all member to pre-register if they can by picking up a registration package from Wallis Agencies or by going online to [www.Glenboro.com](http://www.Glenboro.com) and check out the recreation section of the website for the forms to download and fill out. All curling fees must be paid prior to the first curling game of the season. Sorry there will be no refund of fees if there is another Covid-19 related shutdown and we are forced to close our doors early. Your entry money is being used for plant start-up costs and labour.

Completed registration packages and fees can either be dropped off at Wallis Agencies in Glenboro prior to October 26, 2020 or be brought to the curling club during registration night on October 26, 2020. Also at registration night you will be able to get your equipment out of your locker, as we are not allowed to use the locker room area this year. If you are unable to attend registration night and would like to pick up your curling equipment please contact Abby Wytinck at 204-526-5086 to make arrangements.

We look forward to the upcoming season with a tentative start date of November 2<sup>nd</sup> and, while there's no doubt that results may vary, can't wait to see how our reconditioned rocks perform this season!



## **CURLING CANADA - RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT** ***to be executed by participants over the Age of Majority***

**WARNING! Please read carefully. By signing this document, you will waive certain legal rights – including the right to sue**

1. This is a binding legal agreement. **Clarify any questions or concerns before signing.**
2. As a Participant in the sport of curling and the activities, programs, classes, services provided and events sponsored or organized by:

**Curling Canada**

**Curl Manitoba**

**Glenboro Curling Club**

including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the “Activities”), the undersigned acknowledges and agrees to the following terms outlined in this agreement:

3. **Disclaimer**

**Curling Canada**

**Curl Manitoba**

**Glenboro Curling Club**

and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the “Organization”) are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

☐ ***I have read and agree to be bound by paragraphs 1-3***

### **Description and Acknowledgement of Risks**

4. I understand and acknowledge that:
  - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life. The sport of curling is played on a sheet of ice, which is slippery, hard, and dangerous;
  - b) A pertinent risk to participating in the sport of curling is the risk of suffering serious head injury should I fall, trip, or stumble onto the ground or ice. It is highly recommended that I wear a helmet at all times when participating in the sport of curling;
  - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction; and *COVID-19*
  - d) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that I will not become infected with COVID-19. Further, participating in the Activities could increase my risk of contracting COVID-19.
5. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities. The risks, dangers and hazards include, but are not limited to:
  - a) Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.
  - b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on floors, ice, or other surfaces, extreme weather conditions; travel to and from premises.
  - c) Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.
  - d) Contact: contact with brooms, brushes or curling stones, other equipment, vehicles, or other persons, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.
  - e) Advice: negligent advice regarding the Activities.
  - f) Ability: Failing to act safely or within my own ability or within designated areas.
  - g) Sport: the game of curling and its inherent risks, including but not limited to, running, sliding or slipping on the ice surface, delivering the curling stone, skipping or sweeping, stepping onto the ice surface from the walkway or onto the walkway from the ice surface, or stepping over dividers that divide one sheet of ice from the next.
  - h) Cyber: privacy breaches, hacking, technology malfunction or damage.



- i) Conduct: My conduct and conduct of other persons including any physical altercation between participants.
- j) Travel: Travel to and from the Activities.
- k) Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of curling programs, some of which are referred to above.

☐ **I have read and agree to be bound by paragraphs 4 and 5**

#### Terms

6. In consideration of the Organization allowing me to participate in the Activities, I agree:
- a) That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select;
  - b) That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental and physical condition;
  - c) To comply with the rules and regulations for participation in the Activities;
  - d) To comply with the rules of the facility or equipment;
  - e) That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring my observations to a representative of the Organization immediately;
  - f) The risks associated with the Activities are increased when I am impaired and I will not to participate if impaired in any way;
  - g) That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity;
  - h) That I am responsible for my choice of safety or protective equipment and the secure fitting of that equipment;
  - i) Covid-19: that COVID-19 is contagious in nature and I may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death.

#### Release of Liability and Disclaimer

7. In consideration of the Organization allowing me to participate, I agree:
- a) That the sole responsibility for my safety remains with me;
  - b) To ASSUME all risks arising out of, associated with or related to my participation;
  - c) That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to participate in the Activities;
  - d) To WAIVE any and all claims that I may have now or in the future against the Organization;
  - e) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the Activities;
  - f) To FOREVER RELEASE and INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Organization;
  - g) To FOREVER RELEASE AND INDEMNIFY the Organization from any action related to my becoming exposed to or infected by COVID-19 as a result of, or from, any action, omission or negligence of myself or others, including but not limited to the Organization;
  - h) That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;
  - i) That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and
  - j) This release, waiver and indemnity is intended to be as broad and inclusive as is permitted by law of the **Province of Manitoba** and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

#### Jurisdiction

8. I agree that in the event that I file a lawsuit against the Organization, I will do so solely in the **Province of Manitoba** and further agree that the substantive law of the **Province of Manitoba** will apply without regard to conflict of law rules.

☐ **I have read and agree to be bound by paragraphs 6 to 8**

#### Acknowledgement

9. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to maintain a lawsuit against the Organization on the basis of any claims from which I have released herein.

\_\_\_\_\_  
Name of Participant (print)

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date



## CURLING CANADA - INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

### *For Participants Under the Age of Majority*

**WARNING! Parent or Guardian, please read carefully.**  
**By signing this document, you will assume certain risks and responsibilities.**

Participant's Name: \_\_\_\_\_

Participant's Date of Birth (yyyy/mm/dd): \_\_\_\_\_

1. This is a binding legal agreement. **Clarify any questions or concerns before signing.**
2. As a Participant in the sport of curling and the activities, programs, classes, services provided and events sponsored or organized by:

**Curling Canada  
Curl Manitoba  
Glenboro Curling Club**

(collectively the "Organization"), including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned being the Participant and Participant's Parent/Guardian (collectively the "Parties") acknowledges and agrees to the following terms outlined in this agreement:

3. I am the Parent/Guardian of the Participant and have full legal responsibility for the decisions of the Participant.

#### **Description and Acknowledgement of Risks**

4. The Parties understand and acknowledge that:
  - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life. The sport of curling is played on a sheet of ice, which is slippery, hard, and dangerous;
  - b) A pertinent risk to participating in the sport of curling is the risk of suffering serious head injury should the Participant fall, trip, or stumble onto the ground or ice. It is highly recommended that the Participant wear a helmet at all times when participating in the sport of curling;
  - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant's fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction;
  - a) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, participating in the Activities could increase the Participant's risk of contracting COVID-19.
5. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to:
  - a) Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.
  - b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on floors, ice, or other surfaces, extreme weather conditions; travel to and from premises.



- c) Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.
- d) Contact: contact with brooms, brushes or curling stones, other equipment, vehicles, or other persons, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.
- e) Advice: negligent advice regarding the Activities.
- f) Ability: Failing to act safely or within my own ability or within designated areas.
- g) Sport: the game of curling and its inherent risks, including but not limited to, running, sliding or slipping on the ice surface, delivering the curling stone, skipping or sweeping, stepping onto the ice surface from the walkway or onto the walkway from the ice surface, or stepping over dividers that divide one sheet of ice from the next.
- h) Cyber: privacy breaches, hacking, technology malfunction or damage.
- i) Conduct: My conduct and conduct of other persons including any physical altercation between participants.
- j) Travel: Travel to and from the Activities.

☐ ***We have read and agree to be bound by paragraphs 1 - 5***

#### **Terms**

6. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
- a) That when the Participant practices or trains in their own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant;
  - b) That the Participant's mental and physical condition is appropriate to participate in the Activities and the Parties assume all risks related to the Participant's mental and physical condition;
  - c) To comply with the rules and regulations for participation in the Activities;
  - d) To comply with the rules of the facility or equipment;
  - e) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring their observations to a representative of the Organization immediately;
  - f) The risks associated with the Activities are increased when the Participant is impaired, and the Participant will not participate if impaired in any way;
  - g) That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity;
  - h) That COVID-19 is contagious in nature and the Participant may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death; and,
  - i) That they are responsible for the choice of the Participant's safety or protective equipment and the secure fitting of that equipment.
7. In consideration of the Organization allowing the Participant to participate, the Parties agree:
- a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to participate in the Activities;
  - b) That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities; and
  - c) That this Agreement is intended to be as broad and inclusive as is permitted by law of the **province of Manitoba** and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

#### **Jurisdiction**

8. The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the **province of Manitoba** and they further agree that the substantive law of the **province of Manitoba** will apply without regard to conflict of law rules.

☐ ***We have read and agree to be bound by paragraphs 6 to 8***

#### **Acknowledgement**

9. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

\_\_\_\_\_  
Name of Parent or Guardian (print)

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date



## DECLARATION OF COMPLIANCE – COVID-19

Individual Name (print): \_\_\_\_\_

Individual's Parent/Guardian \_\_\_\_\_  
(if the individual is younger than 18 years old)

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

**WARNING! ALL INDIVIDUALS ENTERING THE FACILITY AND/OR PARTICIPATING IN SANCTIONED ACTIVITIES MUST COMPLY WITH THIS DECLARATION**

### Curling Canada

### Curl Manitoba

### Glenboro Curling Club

(collectively the "Organization") require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than the age of majority) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than the age of majority), hereby acknowledge and agree to the terms outlined in this document:

- 1) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19; **OR** If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities more than 14 days prior to the date this Declaration of Compliance was signed.
- 3) The individual has not been exposed to a person with a confirmed or suspected case of COVID-19; **OR** If the individual was exposed to a person with a confirmed case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.





- 4) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 5) The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
- 6) If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 7) The individual has not, nor has any member of the individual's household, travelled to, or had a lay-over in any country outside Canada, or in any province/territory **not deemed okay by Manitoba Health** in the past 14 days. If the individual travels, or if anyone in the individual's household travels, **to areas deemed not okay by Manitoba Health** after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8) The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 9) The individual will follow the safety, physical distancing, and hygiene protocols of the Organization.
- 10) This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 11) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: \_\_\_\_\_

Individual (If the age of majority)

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Parent/Guardian (if the individual is younger than age of majority)

Date: \_\_\_\_\_